

Curriculum Vitae: **Michael R. F. Jabara, MD**



**EDUCATIONAL DATA**

**Undergraduate:**

**Lansing Community College**, Lansing, Michigan 1990-1992  
A.S. General Sciences Studies  
Academic Honors Scholarship 1990-1992  
Honors College Class Representative

**Grand Valley State University**, Allendale, Michigan 1992-1994  
B.S. Biomedical Sciences  
Dean's List

**Medical School**

**Wayne State University School of Medicine**, Detroit, MI 1995-1999  
Doctor of Medicine June 1999  
AOA Honors Society  
Class Vice President, 1995-1999  
Member of Student Senate, 1995-1999

**Residency:**

**Grand Rapids Orthopaedic Surgery Residency Program** July, 1999-  
Grand Rapids, MI (Spectrum Health) June, 2004

**Fellowship**

**Aspen Foundation for Sports Medicine, Education & Research,** 2004-2005  
Sports Medicine Fellowship - Aspen CO.  
Fellowship emphasis on arthroscopic reconstruction of the shoulder, knee, and elbow; sports related trauma and fracture stabilization, prevention and treatment of athletic injuries.

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### **CURRENT POSTION**

2005 – present      Orthopaedic Associates of Michigan  
Grand Rapids, MI

### **ASSOCIATIONS**

Associate Clinical Professor, Michigan State University  
Sports Medicine Director, Grand Rapids Orthopaedic Surgery Residency

### **TEAM PHYSICIAN/CONSULTANT**

Grand Rapids Griffins, American Hockey League  
Grand Rapids Rampage, Arena Football League  
Hope College Hockey Team Orthopaedic Consultant  
NCAA Regional Hockey Tournament, Regional Medical Director 2009, 2013  
Forest Hills Northern High School  
Zeeland West/East High School

### **HOSPITAL AFFILIATIONS**

Metro Health Hospital  
Spectrum Health Hospital

### **PROFESSIONAL SOCIETY MEMBERSHIPS**

American Orthopedic Society for Sports Medicine  
American Academy of Orthopedic Surgery  
Mid America Orthopaedic Association  
Michigan Orthopedic Society  
Michigan Medical Society  
Kent County Medical Society

### **BOARD CERTIFICATION**

Re-Certification – American Board of Orthopaedic Surgery - 2017  
Certification - American Board of Orthopaedic Surgery - 2007  
Certification of Added Qualification, Orthopaedic Surgery Sports Medicine 2011

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## **AWARDS**

Teacher of the year—Grand Rapids Orthopaedic Residency Program, 2008-2009  
Outstanding Graduate Medical Educator-Community Faculty—Grand Rapids Medical Education and Research Center, 2009

## **RESEARCH AND PUBLICATIONS**

Jabara M, Bradley J, Merrick M. Is stability of the Proximal Tibiofibular Joint Important in The Multi ligament-Injured Knee? Clin Orthop Relat Res. 2014 Mar 25.

Jabara M, William G Clancy Jr. Anatomic Arthroscopic Anterior Cruciate Ligament Reconstruction Using Bone-Patellar Tendon-Bone Autograft. Techniques in Orthopaedics. Patellar Tendon Autograft for ACL Reconstruction. 20(4):405-413, December 2005.

Steensma MR, M Jabara, JG Anderson, DR Bohay. Flexor Hallucis Longus Tendon Transfer for Hallux Claw Toe Deformity and Vertical Instability for the metatarsal phalangeal joint. Foot and Ankle International. 27(9): 689-92, September 2006.

Jabara, Michael, T. Matelic. Outpatient Shoulder Surgery Using a Pain Control Infusion Pump for Pain Control. Submitted for publication

Jabara, Michael, J. Anderson, D. Bohay, P. Fortin. Resection with Concomitant Foot Realignment for Flat Feet with Associated Tarsal Coalition. Submitted for publication.

Jabara, Michael, T. Higginbotham, M. Meyer, NL Harris. Adult Tibial Spine Fractures: A Review of Thirty-six Cases and Proposed Classification Utilizing Magnetic Resonance Imaging. Submitted for AOSSM meeting, 2004.

### **Sub Investigator for the following studies:**

Trial to Evaluate Ultrasound in the Treatment of Tibial Fractures (TRUST)

Fluid Lavage of Open Wounds (FLOW): A multi-center, Blinded, Factorial Trial Comparing Alternative Irrigating Solutions and pressures in Patients with Open Fractures.

Fixation Using Alternative Implants for the treatment of Hip Fractures: A multi-center Randomized Trial Comparing Sliding Hip Screws and Cancellous Screws on Revision Surgery Rates and Quality of Life in the Treatment of Femoral Neck Fractures (FAITH)

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## **PRESENTATIONS**

### AAOS Annual Meeting

- Proximal Tib/Fib joint Instability in the Setting of a Multi-ligamentous knee injury, March 2013

### ESSKA, Annual Meeting, London England

- Proximal Tib/Fib Joint Instability in Multi-ligament Injured Knee, Oct 2012

### AO North America, Orland, FL

- Proximal Tib/Fib Joint Instability in Multi-ligament Injured Knee, Feb 2012

### Mid America Orthopedic Association

- Outcomes of Operatively Treated High Energy Knee Dislocations, April 2010

### Grand Rounds, Grand Rapids Orthopaedic Surgery Residency

- Nonsurgical sports medicine management, May 2013
- Posterolateral Corner of the knee, May 2011
- Moderator, Lab instructor, Anatomic ACL reconstruction, May 2011
- Common Tendinopathies of the Elbow, May 2010
- Arthroscopy Skills Lab, labral repair, May 2010
- Soft Tissue Bristow Reconstruction For Shoulder Instability—September 2009
- High Energy Knee Dislocations—April 2007
- Multiligamentous Knee Injuries—Part II, April 2006
- Multiligamentous Knee Injuries—Part I, February 2006
- ACL injuries in the skeletally immature patient, June 2004
- PCL reconstruction, January 2004
- Flexor Tendon Injuries and Treatment, April 2003
- Kyphosis, March 2003
- Orthopedic In-Training Examination Review—Trauma, October 2002
- Proximal Humerus Fractures, September 2002
- Pediatric Irritable Hip, June 2002
- Neuromuscular Scoliosis, March 2002
- Glenohumeral Instability, December 2001
- Basic Science Series—Muscle, February 2001



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## **PRESENTATIONS (Continued)**

### Grand Rapids Orthopedic Alumni Conference

- Case Presentations, June 2011
- Anatomic ACL reconstruction, June 2005
- Soft-tissue Bristow Procedure for shoulder instability, June 2005

### Aspen Sports Medicine Fellowship Grand Rounds

- High Energy Knee Dislocations—February 2009
- Meniscus repair using autologous platelet gel-rabbit model, July 2005
- “Resident’s Ridge” anatomy, CT study on cadaveric knees, July 2005
- Anatomic ACL reconstruction, July 2005
- ACL injury prevention techniques, April 2005
- ACL injuries in the skeletally immature patient, November 2004

### Aspen Foundation for Sports Medicine, Fellows Conference

- High Energy Multiligament Knee Injuries, February 2010
- Haiti Orthopedic Experience, February 2010

### Michigan Orthopaedic Society, Annual Meeting

- Proximal Tib/fib Joint instability in the Multi-ligament injured knee, Mackinac Island, June 2011
- Multiligament Knee Injuries. Mackinac Island, 2010
- Resection with Concomitant Foot Realignment for Flat Feet with Associated Tarsal Coalition, June 2002
- Outpatient Shoulder Surgery Using a Pain Control Infusion Pump for Pain Control, June 2001

### Grand Rapids Education and Research Center, Research Day

- Proximal Tib/fib joint Instability in Multiligament Knee Injuries, April 2011
- Operative Outcome of High Energy Knee Dislocations, April 2010
- Outpatient Shoulder Surgery Using a Pain Control Infusion Pump for Pain Control, June 2001

### American Orthopedic Foot and Ankle Society

- Resection with Concomitant Foot Realignment for Flat Feet with Associated Tarsal Coalition, Annual Meeting, Hilton Head, SC 2003

### Kaiser Sports Fellowship Program, California

- Posterolateral Corner Injuries, April 2011
- Knee Reconstruction Skills Lab-Master Faculty, April 2011
- Treatment of Multiligament Knee Injuries, May 2010
- Operative Approach to Knee Reconstruction, Skills Lab-Master Faculty, May 2