

Curriculum Vitae: **Peter C. Theut, M.D.**

Education/Training

Undergraduate:

University of Michigan, Ann Arbor, MI
B.A., 1986 - 1990

Medical:

Michigan State University College of Human Medicine, East Lansing, MI
M.D., 1990 - 1994

Graduated With Distinction of "Outstanding", the Highest Possible Rating
Numerous Preclinical Letters of Commendation for Academic Achievement
Honors in Pediatrics and Surgery Clerkships

Residency:

Grand Rapids Orthopaedic Surgery Residency Program
July 1994 - June 1999

Fellowship:

University of Connecticut, Farmington, CT
Orthopaedic Sports Medicine with emphasis on arthroscopy of the knee and shoulder team
Physician for AHL Hartford Wolfpack and Trinity College
August 1999 - July 2000



Licensure/Board Certification

State of Michigan Medical License, 1994
National Board of Medical Examiners, 1995
Diplomat, American Board of Orthopaedic Surgery, 2002. Recertified 2011
Subspecialty Certification in Orthopaedic Sports Medicine, 2009, Recertified 2011

Hospital Affiliations

Spectrum Health – Grand Rapids
Metro Health OAM Surgical Center
Metro Health Hospital
Mercy Health St. Mary's Hospital
Mary Free Bed Rehabilitation Center

Practice History

8/2000 – present - Orthopaedic Associates of Michigan – Grand Rapids, MI

Curriculum Vitae: Peter C. Theut, M.D.**Team Physician**

Grand Rapids Griffins, American Hockey League, 2000-Present

Grand Rapids Rampage, Arena Football League, 2002-2008

Provide surgical and non-operative treatment and direct rehabilitation of the injured professional athlete. Also act as an orthopaedic sports medicine consultant for numerous collegiate and high school athletic departments throughout West Michigan.

Professional Organizations

Fellow, American Academy of Orthopaedic Surgeons

Active Member, American Orthopaedic Society for Sports Medicine

Michigan Orthopaedic Society

American Medical Association

Michigan State Medical Society

Kent County Medical Society

Academic Appointments

Clinical Assistant Professor

Department of Surgery

Michigan State University College of Human Medicine

2002 - Present

Assistant Clinical Faculty

Grand Valley State University

2003 - Present

Clinical Instructor

Grand Rapids Medical Education Partners

Orthopaedic Surgery Residency Program

2000 - Present

Presentations**National**

Central Quadriceps Free Tendon (CQFT) ACL Reconstruction. Peter C. Theut, John P. Fulkerson
Poster Presentation, 2001 Annual Meeting of the American Academy of
Orthopaedic Surgeons, San Francisco, CA.

Regional

Meniscal Transplantation

Michigan Athletic Trainers' Society 16th Annual Educational Conference, June 2007

Hope College Distinguished Lecture Series In Sports Medicine, April 2007

Curriculum Vitae: **Peter C. Theut, M.D.**

Presentations (continued)

Regional (continued)

The Painful, Stiff Shoulder: Orthopaedic Treatment Options For Shoulder Arthritis
Spectrum Health Center for Joint Replacement Community Education Seminar, May, 2007

Anterior Cruciate Ligament Reconstruction Using Central Quadriceps Free Tendon: A Retrospective
Functional Outcome Study. Peter C. Theut, John P. Fulkerson, University of Connecticut Department
of Orthopaedics Annual Meeting, June, 2000

Traumatic Lateral Scapular Displacement: An Unusual Presentation. Peter C. Theut, Thomas M. Matelic
Poster Presentation, Michigan Orthopaedic Society, June, 1998

Local

Shoulder Instability

Grand Rapids Orthopaedic Surgery Residency Program, Grand Rounds - September 2013

ACL Reconstruction

Grand Rapids Orthopaedic Surgery Residency Program, Grand Rounds - May 2013

Shoulder Instability Symposium

Grand Rapids Orthopaedic Surgery Residency Program, Grand Rounds, September, 2009

Rotator Cuff Symposium

Grand Rapids Orthopaedic Surgery Residency Program, Grand Rounds, Spring, 2008

Common Orthopaedic Sports Medicine Injuries

Michigan State University College of Human Medicine, Department of Surgery, February, 2005,
2006 , 2007, 2008, 2009, 2010, 2011, 2012, 2013

Lake Michigan Chapter National Association of Orthopaedic Nurses, February 2007

Grand Valley State University Physician Assistant Program, December, 2006

Meniscal Transplantation

Grand Rapids Orthopaedic Surgery Residency Program Grand Rounds, March, 2006,

Common Disorders of the Shoulder and Elbow

Grand Valley State University Physician Assistant Program, October, 2004 & 2005

Implantations, Transfers and Transplants – What’s New in Knee Surgery

Grand Valley Surgical Center Staff Education Series, April, 2005

Cartilage Damage in the Knee – New Solutions to an Old Problem

Metropolitan Hospital Education Series, November, 2002

Implantations, Transfers and Transplants – What’s New in Knee Surgery

Lake Michigan Chapter National Association of Orthopaedic Nurses, May, 2002

Curriculum Vitae: **Peter C. Theut, M.D.**

Presentations (Continued)

Local (Continued)

Conservative Management of the Arthritic Knee
Orthopaedic Associates Community Education Services, September, 2001

Labral Pathology in the Throwing Athlete
Physical Therapy Department, Orthopaedic Associates of Grand Rapids, June, 2001

Anterior Cruciate Ligament Injury and Reconstruction
Grand Rapids Orthopaedic Surgery Residency Grand Rounds, October, 2000

Posterolateral Knee Instability
Grand Rapids Orthopaedic Surgery Residency Grand Rounds, April, 1999

The Use of Soft Tissue Allografts in Reconstructive Knee Surgery
Grand Rapids Orthopaedic Surgery Residency Grand Rounds, October, 1998

Carpal Instability
Grand Rapids Orthopaedic Surgery Residency Grand Rounds, February, 1998

Pelvic Ring Injury: Evaluation and Treatment in Adults
Grand Rapids Orthopaedic Surgery Residency Grand Rounds, February, 1998

Publications

Theut PC, Fulkerson JP: Anterior Knee Pain and Patellar Subluxation in the Adult. In DeLee JC, Drez, Jr. D, Miller MD (eds): DeLee and Drez's Orthopaedic Sports Medicine, Principles and Practice, 2nd ed. Philadelphia, Saunders, 2003, pp 1772-1 81 4.

Theut PC, Fulkerson JP, Armour EF, et al: Anterior Cruciate Ligament Reconstruction Utilizing Central Quadriceps Free Tendon. Orthopedic Clinics of North America, Volume 34, Number 1, January, 2003.