

Curriculum Vitae: Randal A. Palmitier, M.D.

Education

Undergraduate:

Central Michigan University, Mount Pleasant, MI
B.S., Biology, 1981
GPA: 3.86; top 10%
Magna Cum Laude

Medical:

Wayne State University Medical School, Detroit, MI
M.D., 1985
Top 10%
Alpha Omega Alpha, Honorary Medical Society

Training

Internship:

Blodgett Memorial Medical Center, Grand Rapids, MI
General Rotating Internship
1985 - 86

Residency:

University of Washington, Seattle, WA
Physical Medicine and Rehabilitation Residency
1986 - 89

Fellowships:

Mayo Clinic, Rochester, MN
Sports Medicine
July 1989 - June 1990

University of Pennsylvania
Spine
July 1997 - June 1998

Clinical Practice

Group Practice:

Orthopaedic Associates of Grand Rapids, P.C., Grand Rapids, MI
January 1993 - Present

Solo Practice:

Grand Rapids, MI
July 1991 - December 1992



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Clinical Practice (continued)

Group Practice:

START: Sport Training and Rehabilitation Clinic, Tempe, AZ
June 1990 - June 1991

Research

"Comparison of Sagittal Plane Shear Forces at the Knee During the Leg Press and Leg Extension Exercise" Under the direction of E.Y.S. Chao, Ph.D., Mayo Clinic, 1990.

"Kinetic Analysis of the Vertical Jump in Elite and Average Jumpers" 1989 Under the direction of Joseph Czerniecki, M.D., University of Washington.

"Isolation of Ocular Lens Protein" 1982 Under the direction of Harold Maisel, M.D., Wayne State University.

"Effects of Inosine on Function of Isolated Rat Heart during Hypothermia" 1980-1 981 Senior undergraduate research under the direction of Roy Burlington, Ph.D., Central Michigan University.

Publications

Slipman C.W., Plataras C.T., Palmitier R.A., Huston C.W. and Sterenfeild E.B. "Symptom Provocation of Fluoroscopically Guided Cervical Nerve Root Stimulation: Are Dynatomal Maps Identical to Dermatomal Maps?" Spine 1998; 23: 2235-42.

Slipman C.W. and Palmitier, R.A. "Diagnostic Selective Nerve Root Blocks." Critical Reviews in Physical Medicine and Rehabilitation. 1998; 10: 1-3.

Palmitier, R.A. "Kinetic Chain Exercise in Knee Rehabilitation." In Current Therapy In Sports Medicine. 3rd Edition 380-384, Ed. Torg; Publisher Mosby, 1995.

Lutz, G.E., Palmitier, R.A., et al. "Comparison of Tibiofemoral Joint Forces During Open and Closed Kinetic Chain Exercises". JBJS 75A: 732-734, 1993.

Palmitier, R.A., An, K.N., et al. "Kinetic Chain Exercise in Knee Rehabilitation". Sportsmedicine: 11 (6) 402-413, 1991.

Awards

First place 37th Annual Essay Contest for Rehabilitation Professionals. "Kinetic Chain Exercise in Knee Rehabilitation: American Congress of Rehabilitation Medicine 1990.



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Affiliations

Michigan State Medical Association
Kent County Medical Society
North American Spine Society
American Academy of Physical Medicine and Rehabilitation
American Medical Association

Medical Licensure

Michigan

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